



Wapiti Striders Newsletter

March 2004

The Annual General Meeting of the Wapiti Striders will occur on **Tuesday, March 16th, at 7PM** in the meeting room **at the Muskoseepi Pavilion**. We would hope to see as many of you as possible. In addition to electing the executives of the road and track clubs business will include discussion of races, running groups, and possible out of town relay races.

Your Road club executive have been:

President - Leonard Scharbach
Vice President - Bill Corcoran
Secretary - Rhonda Howard
Treasurer - Harvey Biehn
Newsletter - Rick Scott
Race Director - Andy Beal
Statistician - Duncan Banks

The Track Club executive have been:

President - Leonard Scharbach
Vice President - Bill Corcoran
Secretary - Laurie Remple
Treasurer - Heather Webster
Officials' coordinator - Rick Scott
Fundraising - Cliff Turner

Submissions to the news letter welcome:

E-mail Rick Scott
RKScott@telusplanet.net
Ph 532-2764

Mail in your renewal today. They are due in March.

Forms can be downloaded at:
<http://www.wapitistriders.com/memform.html> for the Road Running Club
or
<http://www.wapitistriders.com/trmemform.html> for the track club.

Check us out on the Web
www.wapitistriders.com

Relay

In May of this coming year there is a relay race from Slave Lake to Wabasca to support diabetes research. The race is 125km long with up to 15 runners doing various leg lengths. The winning team in 2002 finished the course in 8 hours and 24 minutes. (4min/km 6:24min/mile). Our club is thinking of entering a team if there is enough interest. Contact an executive member. Details TBA.

Jess and Jenna

Both Wapiti Striders Members Jessica Schmidt and Jenna Huber had excellent results in their respective indoor Track and Field conference championships in NCAA competition.

Jessica won her 3000-meter and 5000-meter events and place third in the mile scoring 26 points for her University of North Texas team. Her team ended up finishing second in the Sunbelt

Conference. Jessica was recognized as female athlete of the meet.

Jessica's times for her events were:

17:25.91 5000m, 9:58.90 3000m

5:10.50 Mile

Jenna Huber earned silver in the 3000 at her conference championships with a time of 10:02.83 Her University of Nevada Team won their conference Championships.

Jenna also had a third in the 5000 with a time of 17:08.64, she and the two girls that finished ahead of her broke the previous WAC record in this race. Jenna also set her school record in the 5000 earlier in the season.

Alberta Summer Games Trials & All Comers	Track	June 13	Corcoran 538-2369
Daily Herald Tribune 10km and 3 km	Muskoseepi Park	Sunday, June 20 9 a.m.	Leonard Scharbach 539-7386
Track Clinic - Mini Meet #2	Legion Track	Saturday, July 10	Bill Corcoran 538-2369
OBW 1/2 Marathon Trail Race	Wapiti Nordic Ski Trails	Sunday, August 31 9 a.m.	Eric Chislett 814-7576
Wolves Cross Country Series	Various Venues	Sept and Oct	Bill Corcoran 538-2369

2004 Events

(updated January 2004)

Grande Prairie and Area

Track Clinic - Mini Meet #1	Legion Track	Saturday, May 8 9 a.m.	Bill Corcoran 538-2369
Peace Country Track Classic and Hershey Meet	Legion Track	Saturday, May 15 9 a.m.	Bill Corcoran 538-2369
Kids of Steel and GP Triathlon	Leisure Centre Pool	May 22 and 23 8 a.m.	Joe Radench 831-2977
Brian Harms 10 mile and 3 mile	South Bear Creek Park	Sunday May 30 9 a.m.	Rick Scott 532-2764
Zone 8	Legion	Sunday,	Bill

Out of Town

Sub Zero Spring Run Off 10 km	Northern Lights College, Ft. St. John	Sunday, April 2 10 a.m.	Grant Spelsberg (250) 785-5733
Diabetes 5/10 km	Dawson Creek	Sunday, May 2??	
Diabetes 125km Road Relay	Slave Lake to Wabasca	May T.B.A.	Pauline Yellowknee (780) 891-2000
Alaska Highway News Track Meet	Ft St John	May 15 or June 5	Grant Spelsberg (250) 785-5733
Canadian Death Race	Grande Cache	Saturday, August 1	
Emperor' s Challenge Mountain 1/2 Marathon	Tumbler Ridge	Sunday, August 9	Dr. Charles Helm (250) 242-3984