

**Wapiti Striders Executive Meeting**  
**June 7, 2005**

Present: Leonard, Patrick, Drake, Bill, Harvey, Victor, Francis, Esmie

**Brian Harms 10-Mile Run**

- 69 participants
- St Johns Ambulance did not show! (Need to confirm this in the future)

**Track Meets**

- Went great!
- All Comers meet had about 150 participants and Hershey Meet about 250
- Bill helped with Zones and received \$1000 for doing so (cut from concession profits)
- Kids are doing provincials at the end of the month, Hershey Provincials, and then goin' to Kelowna

**Sprint Group**

- Esmie wants to get a Sprint Club going
- Consist of kids aged 9 – 19 covering distances from 50 – 800m
- Meet 3 times a week for a hour to hour and a half
- It will be a competitive-oriented program and kids should be coachable, disciplined and dedicated
- Will train outside until Nov 1<sup>st</sup>, then hit the indoor soccer pitch twice a week
- Cost will be \$50 a month
- Will need some club \$\$\$'s for equipment and will do up a budget
- Hopes to attract some kids from zones and sprint clinics
- Looking for 10 older kids and a few less younger ones
- Parents will need to fund raise
- Esmie will soon have a personal business for speed, plyometrics and stretching

**Press Run**

- Drake is helping out Leonard
- Everything is set except for a timer
- Course is marked
- Looking for volunteers!
- There are plenty of door prizes
- 43 entries have been received so far!

**Banff-Jasper Relay**

- 22 Teams took part
- Marty Fullerton or Mark Kildaw may organize a Striders team for 2006

**Club Name Change**

- Should get more input on this from the learn-to-run groups (don't want a name that sounds too intimidating to these folks)

#### Cross-Country

- Should be 5 or 6 races in the series this year, with only one in GP (Burgess on Sept 17<sup>th</sup>)
- GP hosting high school provincials on Oct 22. There will be a fund raiser before the meet
- The schedule should be ready in July

#### Community Run

- Victor and a friend (Dori?), along with Paul showed up

#### Women's Learn to Run

- 6 – 8 signed up and all should be doing the Press Run
- These folks want to keep on running after the program is completed

#### Timing Program

- PocketTimer software package has been ordered

#### July 1<sup>st</sup> Parade

- Nobody was too enthusiastic about participating in this, except Francis

Next Meeting:        Sept 13<sup>th</sup>